

KEEP LIFE MOVING

2022 ANNUAL NEWSLETTER

Life
WHERE THERE IS LIFE... THERE IS HOPE



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LETTER FROM THE CEO



As we begin 2022, we have renewed hope for the year ahead. I want to sincerely thank all of you for making 2021 a remarkably successful year during very trying times. We could not have achieved our many accomplishments without your support.

Through one of the most difficult years in our recent history, we were able to open offices in Kenya, Yemen and Somaliland and provide emergency relief to families affected by the Gaza emergency, earthquakes in Indonesia and Haiti, as well as the floods in Afghanistan and Detroit, Michigan. We provided sponsorship for over 7,775 orphans in 14 countries by giving them an opportunity for a better life, supported families and individuals restarting their lives after incarceration and drug addiction by providing

them with household furniture, as well as provided families affected by the wildfires with household furniture in the Western area of the USA. Food aid to families in the Horn of Africa and winter relief to families in Eastern Europe and the Middle East were also made possible this year.

LIFE purchased oxygen concentrators and ambulances in Bangladesh and Lebanon to transport COVID patients to hospitals, and supplied ventilators for hospitals in Iraq, India and Lebanon. Sensory rooms for children with Down's Syndrome were furnished in the West Bank and Pakistan, and we participated in hearing aid missions in four states of the USA.

Thousands of Ramadan food baskets were distributed to families, and tens of thousands of individuals were fed hot Iftar meals. Fresh meat was distributed during Eid Al-Adha in 25 countries, and Thanksgiving turkeys and other food items were given to hundreds of families in Michigan and Texas. In-kind donations totaling nearly \$18 million were shipped to 18 countries, 185 water wells were dug in ten countries, over 100 water tanks were installed in Gaza homes, and a community center was constructed in Senegal.

We thank you greatly for making a difference in the lives of many people struggling to survive during the pandemic and disasters this past year, and we look forward to your continued support of LIFE's programs in 2022.

A handwritten signature in black ink that reads "Hany Saqr".

Hany Saqr, M.D, Ph.D.,
President & Chief Executive Director
LIFE for Relief and Development

About Life

Life for Relief and Development is a global humanitarian relief and development organization, headquartered in Southfield, Michigan, USA. As a registered 501(c)(3) non-profit organization (EIN 95-4402149). Life is in Consultative Status with the Economic and Social Council of the United Nations and has offices in Afghanistan, Ghana, Haiti, Iraq, Jordan, Kenya, Lebanon, Pakistan, Sierra Leone, Somaliland, Syria, the U.S., Yemen and the West Bank and Gaza (through its office in Israel).

Over the past 29 years, Life has distributed over \$520 million in humanitarian aid and relief to over 46 countries. In response to poverty, famine, social and economic turmoil, natural disasters, war, and other catastrophes, Life works to provide assistance to people across the globe by offering humanitarian services such as food aid, clean water, temporary shelter as well as healthcare and education.

COVID RELIEF DISTRIBUTED TO OVER 100,000 PEOPLE

LIFE distributed medical ventilation equipment to serve COVID-19 patients in Iraq, India and Lebanon and distributed COVID food aid to families in Iraq, Sri Lanka, the West Bank and Gaza. LIFE also sponsored a back-to-school event in Houston, Texas that included distributing school supplies and backpacks to students while they received COVID -19 tests and Pfizer vaccines if students wanted a vaccine.



IRAQ



GAZA



LEBANON



INDIA



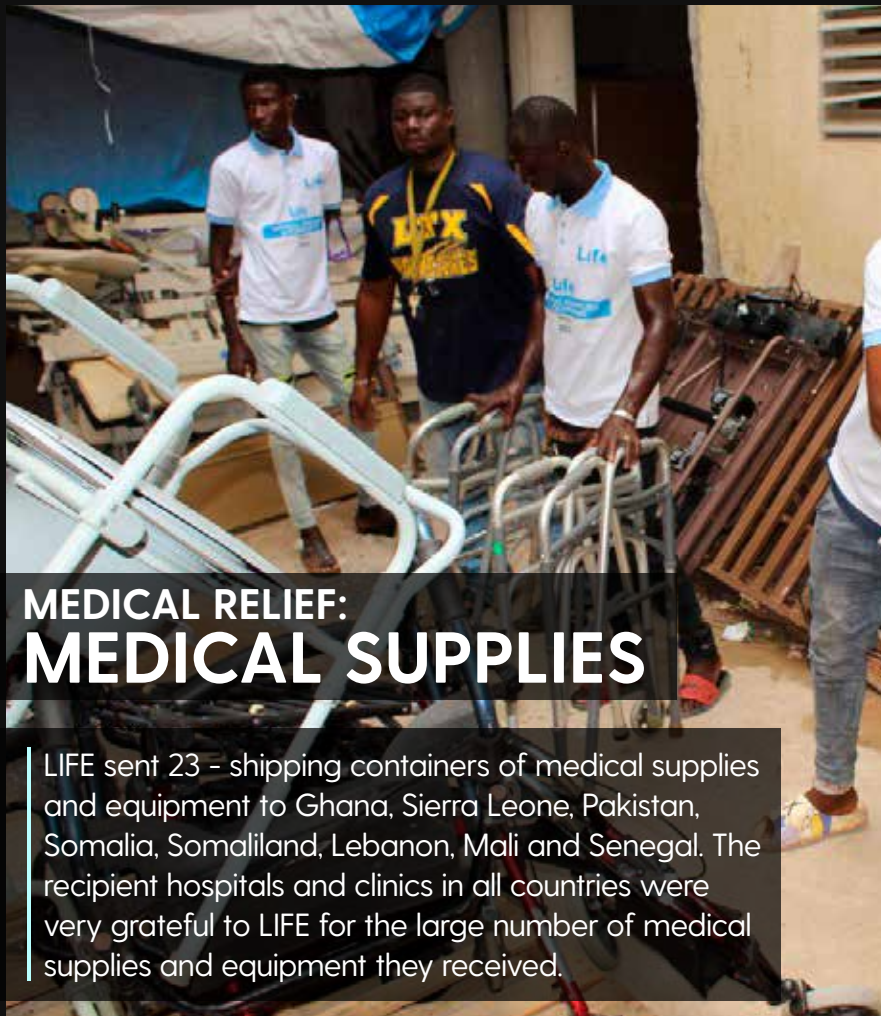
السلطة الوطنية الفلسطينية
وزارة التربية والتعليم
الجمعية الخيرية الإسلامية
مدرسة الإيمان الأساسية

BEIT SAHOUR



USA





MEDICAL RELIEF: MEDICAL SUPPLIES

LIFE sent 23 - shipping containers of medical supplies and equipment to Ghana, Sierra Leone, Pakistan, Somalia, Somaliland, Lebanon, Mali and Senegal. The recipient hospitals and clinics in all countries were very grateful to LIFE for the large number of medical supplies and equipment they received.



GHANA



SENEGAL

PAKISTAN



SOMALILAND



SIERRA LEONE



MEDICAL RELIEF \$10 MILLION

MEDICAL SUPPLIES: AMBULANCES

The capability of healthcare services is very limited and inadequate in Bangladesh and Lebanon, with a big problem of not having the proper transportation vehicles to bring people to healthcare facilities and hospitals during emergencies. LIFE donated ambulances in Bangladesh and Lebanon to help fulfil this need and better equip emergency personnel in responding to urgent situations.





HEAR THE CALL: UNITED STATES

LIFE's hearing aid missions aim to help those in need with hearing disabilities by providing free ear checks and hearing aids to people in various communities. This past year, LIFE distributed 100 hearing aids to people in Southwest Florida, Colorado, Massachusetts, and Pennsylvania.





MEDICAL SUPPLIES: PAKISTAN

In August of 2021, LIFE provided a 40' shipping container of medical supplies and equipment to the Sindh Institute of Urology and Transplantation in Karachi, Pakistan. SIUT received multiple hospital beds, personal protection equipment, and other necessities. With these supplies, SIUT is able to further its mission of providing high quality, free of cost treatments to the public.



MEDICAL SUPPLIES: GHANA

LIFE sent medical supplies to the Pentecost Hospitals of the social support services division in Ghana. Pentecost has five hospitals and clinics across the country and are continuing to build new ones. They received multiple items such as: wheelchairs, oxygen concentrators, x-ray viewer, geriatric chairs, exam tables, oxygen tanks w/ gauges, nebulizers, c-pap machines and more than 100,000 supplies to assist with their patient care.



MEDICAL AID: SOMALILAND

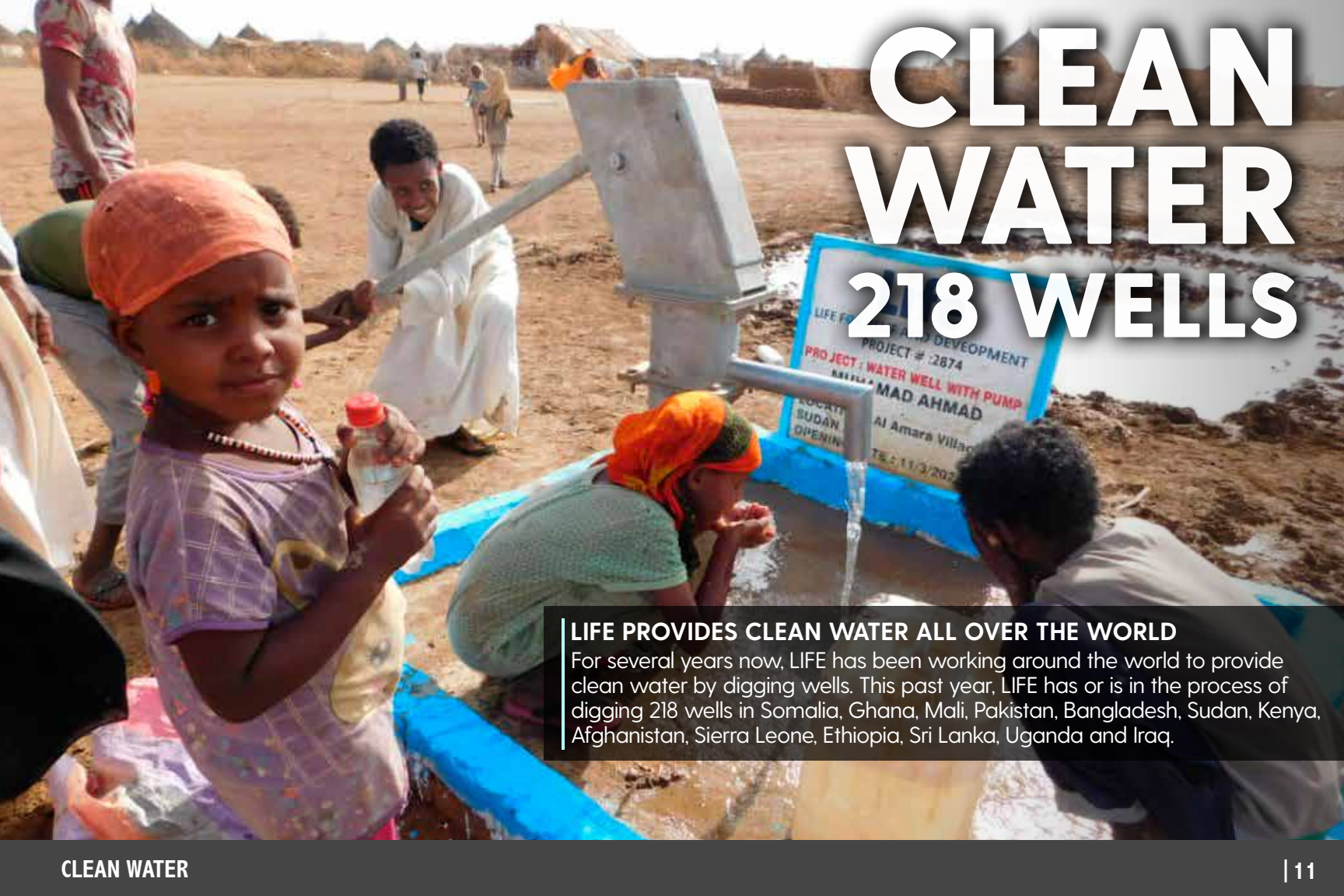
LIFE continues an ongoing project in Somaliland of sending medical supplies to public and private hospitals in need. Recently, two containers of medical supplies were distributed in the Awdal region. These hospitals serve poor and underprivileged families at low cost. The beneficiaries include Adal International Hospital, Borama Orthopedic Center, Garbadadar Hospital, Lughaya MCH and Gargaarabari MCH.

OXYGEN CONCENTRATOR: GAZA



Gaza has been in economic and political turmoil for some time now, and many families are in dire need of aid. This past year, LIFE was contacted about an 18-year-old patient, suffering from fibrosis of the lungs with frequent coughing, shortness of breath, and lack of oxygen in blood. It was critical that he had access to an oxygen concentrator. LIFE provided the young man with an oxygen concentrator subsequently saving his life.

CLEAN WATER 218 WELLS



LIFE PROVIDES CLEAN WATER ALL OVER THE WORLD

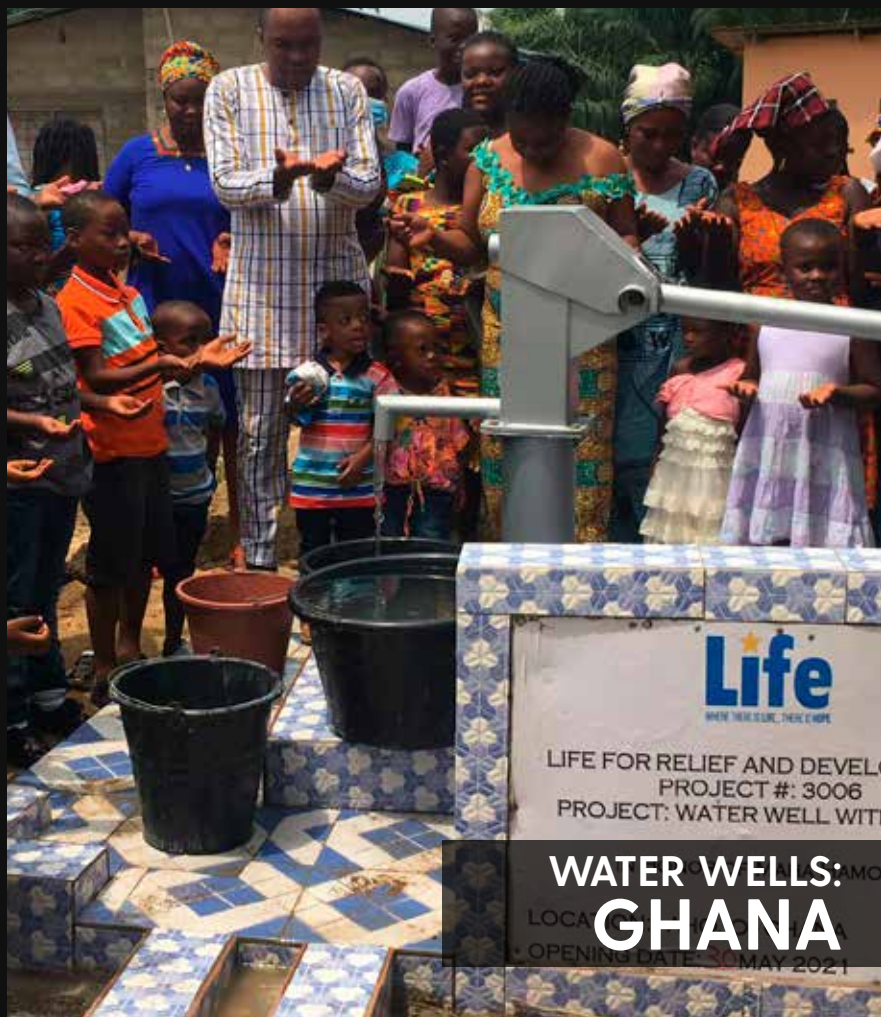
For several years now, LIFE has been working around the world to provide clean water by digging wells. This past year, LIFE has or is in the process of digging 218 wells in Somalia, Ghana, Mali, Pakistan, Bangladesh, Sudan, Kenya, Afghanistan, Sierra Leone, Ethiopia, Sri Lanka, Uganda and Iraq.

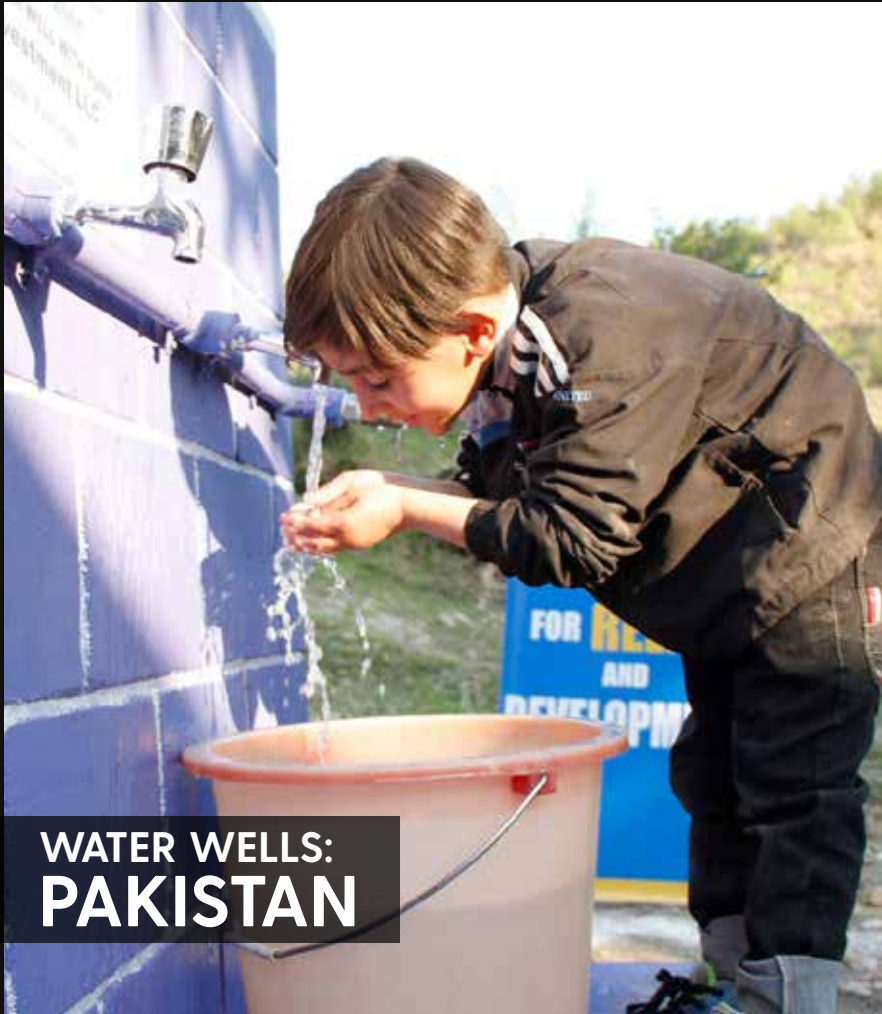




WATER WELLS: AFGHANISTAN







**WATER WELLS:
PAKISTAN**



WATER TANKS IN GAZA

This past year, LIFE has installed a total of 100 tanks in Gaza and is still in the process of installing an additional 225 tanks. Water is delivered and tanks are refilled a few times a month to continuously provide clean water to families.



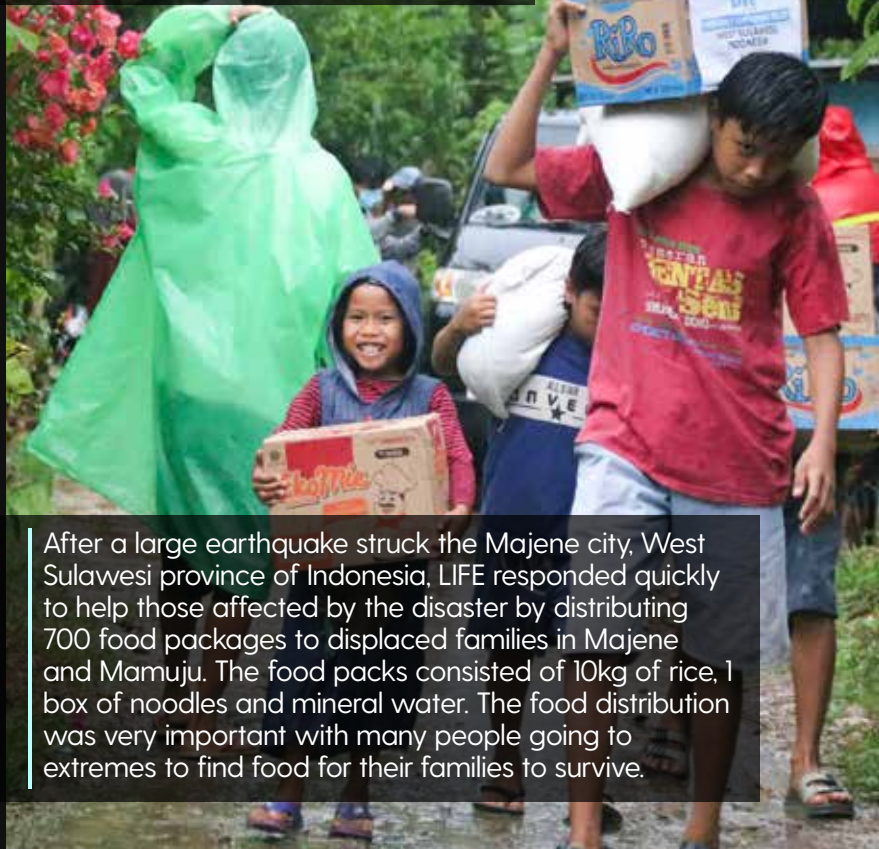
EMERGENCY RELIEF

SRI LANKA

During the ongoing COVID pandemic, LIFE has been sending aid to vulnerable people in various parts of the world. This past October, LIFE sent food aid to people in need in three divisions of the Trincomalee district of Sri Lanka. Food baskets were distributed to help reduce the vulnerability of food-insecure households. With the generous help of our donors, we were able to provide 2,560 individuals with basic food items.



EARTHQUAKE RELIEF: INDONESIA



After a large earthquake struck the Majene city, West Sulawesi province of Indonesia, LIFE responded quickly to help those affected by the disaster by distributing 700 food packages to displaced families in Majene and Mamuju. The food packs consisted of 10kg of rice, 1 box of noodles and mineral water. The food distribution was very important with many people going to extremes to find food for their families to survive.





LIFE INSIDE GAZA

GAZA EMERGENCY RELIEF

Following the 11-days of violence in Gaza, LIFE supplied baskets with a large number of basic food items to those families in need, including orphans and the disabled. Food baskets were distributed in Khan Yunis Governorate, the Gaza Governorate and the North Gaza Governorate.



FLOOD RELIEF: AFGHANISTAN

With the flood that hit Afghanistan this past year, many families were left without homes and basic needs. LIFE stepped in urgently, sending families many basic items and foods to use. Each family received: 50kg flour, 10L cooking oil, 7kg sugar, 7kg hulled grain, 5kg macaroni, 10kg salt, 24.5kg rice, 5kg clothes detergent, wudu water container, one tea pot one basin, one bucket, one cooking pot, one clothes washing basin, one water jug, two drinking glasses, two shampoo bottles, six bars of soap, one 15L cooler, one plastic 19 foot carpet, one pair of men's clothes, one pair of women's clothes, one ladle and one pair of shoes.





FLOOD RELIEF: MALI & SENEGAL


In September, Mali was hit with a years' worth of downpour, causing widespread floods, impacting over 16,000 people, damaging homes and crops. LIFE stepped in and provided food baskets to over 280 families in the city of Keur Massar, one of the hardest hit regions.

In Senegal, 506 families in Yeumbeul, Petit Mbao, Grand Mbao, and Thiaroye were served food to provide relief following the flood.



OVER 1,000 HOMES RECEIVED AID

FLOOD RELIEF:
DETROIT, MI

A man in a blue long-sleeved shirt and white gloves is standing on a silver aluminum ladder, leaning forward to hand a white object to a woman. The woman is seen from the back, wearing a blue t-shirt with the word "Life" and a star logo on the back. They are outdoors, with a brick building and a utility tower in the background. The scene is brightly lit, suggesting daytime.

This summer many Detroit residents struggled with the aftermath of severe flooding and the damage done to their homes. In emergency situations, housing is one of the most important factors affecting safety and health. LIFE worked with Mutual Aid Disaster Relief (MADR) to implement an emergency response to assist approximately 3,000 people in Detroit. Many supplies were distributed including food, masks, cots, and cleaning supplies to approximately 1,000 households. As families were struggling with flooding, mold, and emergency housing, LIFE and MADR provided storage solutions to protect possessions, and worked to get residents to safer spaces. LIFE also assisted in roof repair, debris removal, tarp placement, and cleanup costs.



IDP EMERGENCY RELIEF: IRAQ

In September, LIFE distributed 316 food baskets to displaced families from the Tuz Khurmatu district of Salah Al-Din Governorate in the Al-Somoud district of the city of Kalar in the Sulaymaniyah governorate, as well as to needy families in the Al-Somoud district.



EARTHQUAKE RELIEF: HAITI

In September, following the Earthquake in Haiti, LIFE provided 650 families with care packages and 1,750 school kits for students in the earthquake zone. Each kit consisted of a tent, sleeping bag, and a case of 24 water bottles. The distribution took place in Aquin, Camperin, Corridor, Morisseau, Monsejou, and the school kits were distributed in Ecole les hirondelles de st-thomas d'Aquin and Ecole Notre-dame de la mer.



EDUCATION

SCHOOL SUPPLIES DISTRIBUTION

Every year, LIFE implements a back-to-school project for students all over the world by distributing backpacks full of school supplies to students in need. This past year, LIFE distributed over 7,000 backpacks to students in Afghanistan, Bangladesh, Haiti, Iraq, Kenya, Lebanon, West Bank/ Gaza, Senegal, Syria, Yemen, Ghana, Sierra Leone, Mali, Bosnia, Pakistan, Sri Lanka and the USA. Backpacks were filled with items such as rulers, pens, pencils, erasers, socks, notebooks, crayons and much more.



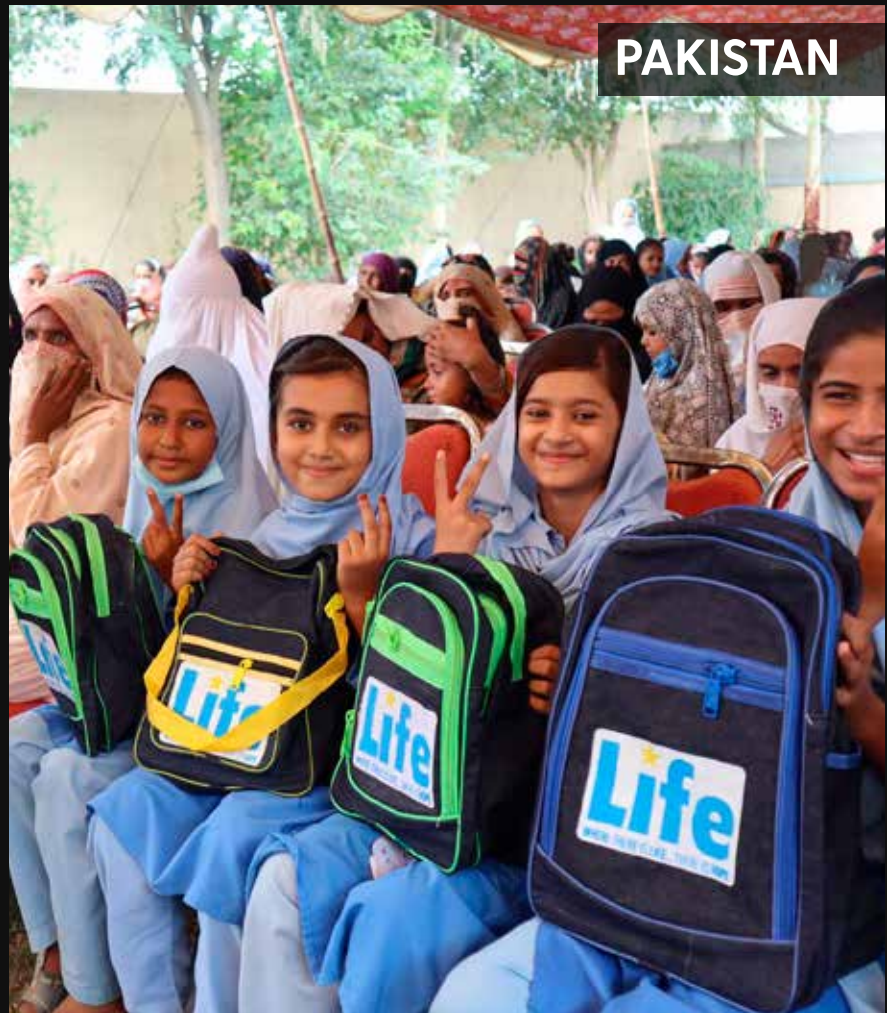
SIERRA LEONE



BOSNIA



SRI LANKA



PAKISTAN

MALI



SENEGAL



AFGHANISTAN





SYRIA



IRAQ

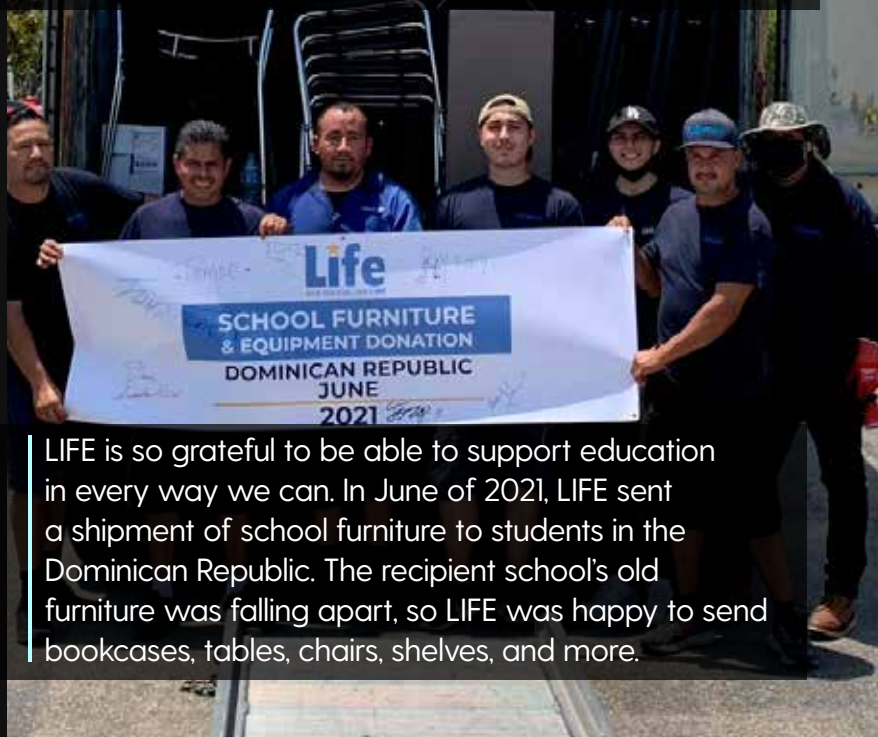


KENYA



YEMEN

SCHOOL FURNITURE: DOMINICAN REPUBLIC



LIFE is so grateful to be able to support education in every way we can. In June of 2021, LIFE sent a shipment of school furniture to students in the Dominican Republic. The recipient school's old furniture was falling apart, so LIFE was happy to send bookcases, tables, chairs, shelves, and more.

DORM FURNITURE: AMERICAN HORSE



This past year, LIFE sent a total of three shipments of school furniture and dorm furniture to the American Horse School, located on the Pine Ridge Indian Reservation. The containers were filled with desks, tables, chairs and other classroom furniture. For the dorms, the container consisted of desks, lamps, cabinets and beds.

SCHOOL SUPPLIES FOR TEACHERS: DETROIT



This Fall, LIFE partnered with the Kids in Need Foundation to provide every classroom at Noble Elementary-Middle School in Detroit, MI with school supplies. These supplies will be available in the classroom, so that students always have access to them as needed. Due to Covid-19, it is more important than ever to make sure every student has their own supplies, to minimize the spread of germs and in the event of a return to remote learning.

SPECIAL EDUCATION ROOM: JENIN



The Hope Special Education School in Jenin was established in 1973 to serve children with special needs. Currently, the school serves 100 children with special needs, including 20 children with Down's Syndrome. Representatives of LIFE were able to travel to the school and meet with school administrators and teachers. The school struggles with securing salaries for the educated staff and transportation for the students. The funds donated were used to purchase equipment for a special educational room for children to learn while playing. The room was equipped with following items: A 55" Monitor, A Bubble Column, a sensory box, an interactive tray, a touch wall and optical fiber.



COMMUNITY DEVELOPMENT

Life sent 17 shipments of household furniture to Habitat for Humanity ReStores in Dallas, TX, Seattle WA, Kansas City, MO, Los Angeles, CA, Anaheim, CA, Santa Rosa, CA and Torrance, CA. Two shipments of household furniture sent to River Valley Outreach Kingman, AZ and Yuba City, CA for families affected by the wildfires in both states. Ten shipments of household furniture were sent to Teen Challenge Portland, OR for teens rehabilitated from drug abuse; three shipments of household furniture to New Horizon's Ministry Cannon City, CO for women restarting their lives after incarceration and one shipment of cubbies for children at Idaho Youth Ranch.



IDAHO



OREGON



TEXAS



7,775 ORPHANS SPONSORED

Over the last decade, the need for orphan sponsorship has increased tremendously. The influx of war has caused many to flee their homes, becoming displaced or refugees, affecting children the most. LIFE has global offices in all the countries where we sponsor orphans, helping to provide them with food, clothing, shelter, education, and healthcare. This year, LIFE sponsored a total of 7,775 orphans in Iraq, Jordan, Syria, Lebanon, Ghana, Sierra Leone, Afghanistan, Haiti, West Bank/Gaza, Senegal, Bangladesh, Ethiopia, Kenya, and Mali.



ORPHAN SPONSORSHIP: BANGLADESH



ORPHAN SPONSORSHIP: MALI



ORPHAN EID CARNIVAL: SYRIA

As the war in Syria passes its tenth year, the psychological impact it is taking on children inside the country is striking. The reported numbers of children in Syria displaying symptoms of psychosocial distress doubled in 2021 because of continued exposure to violence, shock and trauma. LIFE wanted to bring some light of joy and happiness to these children, so during the Eid holidays, LIFE supported a huge carnival for 600 children in Northwest Syria. Games, meals, rides and entertainment were provided for the children. It was said that this was the first time that the kids have smiled and laughed in a long time.



DIHAD

LIFE participated in the 17th Dubai International Humanitarian Aid & Development Conference and Exhibition (DIHAD), from the 15th to 17th of March 2021 at the Dubai International Convention and Exhibition Centre. The theme of the conference was "Aid and Coronavirus, a focus on Africa", which highlighted the critical challenges facing people in Africa, impacted by the Covid-19 pandemic, and addressed the needs of humanitarian aid workers contributing constructively to a more effective global approach towards the African continent.



FRESH MEAT DISTRIBUTION: AFGHANISTAN

34,127

FAMILIES FED DURING UDHIYAH

GIVING FRESH MEAT DURING UDHIYAH/QURBANI

Udhiyah/Qurbani is a time of the year where Muslims around the world sacrifice a goat, cow or sheep, and give the meat to those in need. This past season, LIFE was able to provide 1,300 sheep, 601 goats and 308 cows to 34,127 families all over the globe, including: Afghanistan, Bangladesh, Bosnia Djibouti, Egypt, Ethiopia, Ghana, Haiti, India, Indonesia, Iraq, Jordan, Kenya, Lebanon, Mali, Pakistan, West Bank and Gaza, Senegal, Sierra Leone, Somalia, Sudan, Syria, Uganda, Yemen and the U.S.



UDHIYAH/QURBANI: BANGLADESH



UDHIYAH/QURBANI: IRAQ



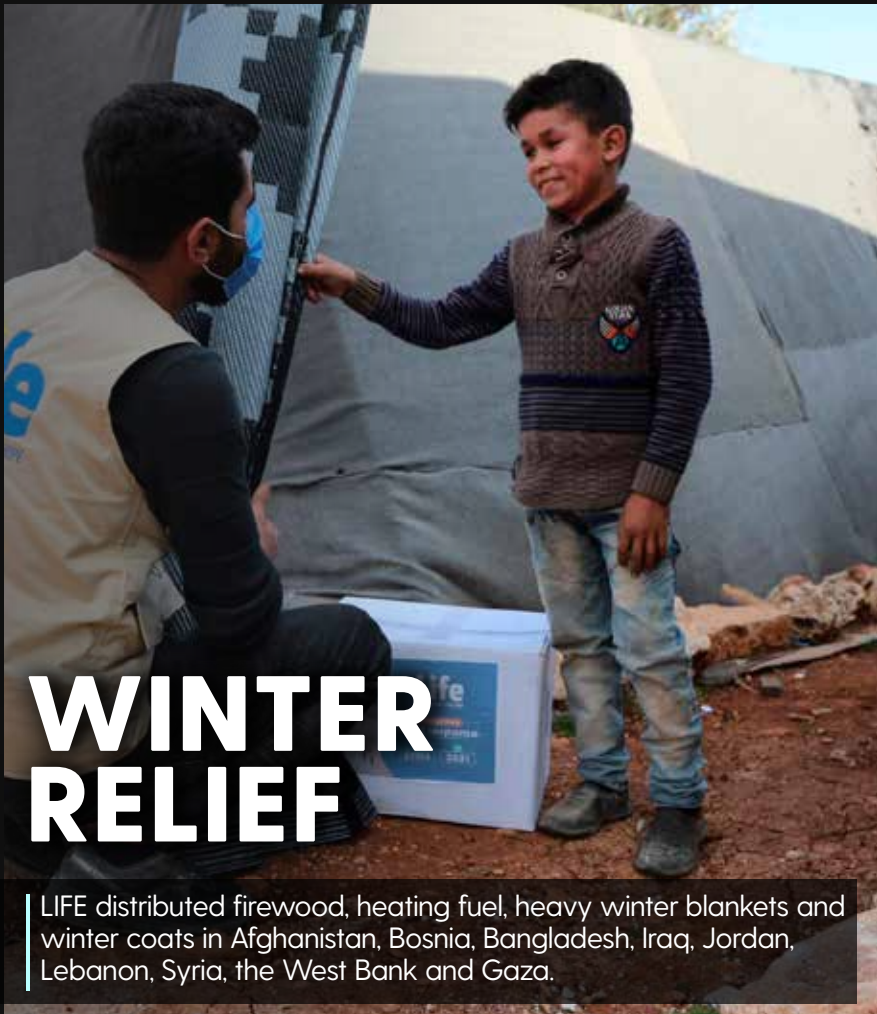


UDHIYAH/QURBANI: EGYPT



UDHIYAH/QURBANI: JORDAN





WINTER RELIEF

LIFE distributed firewood, heating fuel, heavy winter blankets and winter coats in Afghanistan, Bosnia, Bangladesh, Iraq, Jordan, Lebanon, Syria, the West Bank and Gaza.



IRAQ



BOSNIA



WEST BANK



SYRIA



AFGHANISTAN



FUR COATS TO FAMILIES IN AFGHANISTAN

Thanks to a generous donation from PETA USA and UK, LIFE was able to distribute fur coats to families in Afghanistan. Many people may not know that Afghanistan can have temperatures below freezing during the colder season, especially in the mountains. These coats will help families who struggle in these winter months. LIFE is grateful to its donors and PETA who made this donation possible.

THANKSGIVING DISTRIBUTION

LIFE worked with Detroit Friendship House to provide turkeys and traditional Thanksgiving sides to 150 families, and Detroit Rescue Mission Ministries received turkeys and sides for 400 families in need. The US Committee for Refugees and Immigrants, along with LIFE gave 35 refugee families from Afghanistan gift cards to purchase Thanksgiving food and gifted each family with a reusable bag containing LIFE shirts inside. Life sponsored The Arc Detroit's annual Thanksgiving dinner for 120 people with intellectual impairments or developmental disabilities, and gave each person a gift card. In Houston, LIFE worked with The Future Beyond Charity to provide 250 children with winter coats and a Thanksgiving meal.



TEXAS



MICHIGAN



4,245,485

PEOPLE FED DURING RAMADAN



The holy month of Ramadan is a sacred time of the year for many Muslims all over the world. However, many families lack the basic needs during this month, and many go hungry, even when the sun sets. This past Ramadan, LIFE was able to feed over 4,245,485 people in Afghanistan, Bangladesh, Bosnia, Egypt, Ethiopia, Ghana, Haiti, India, Indonesia, Iraq, Ivory Coast, Jordan, Kenya, Lebanon, Mali, Pakistan, Senegal, Sierra Leone, Somalia, Sudan, Syria, Uganda, West Bank/Gaza, Jerusalem, Yemen and the U.S.



RAMADAN: AFGHANISTAN





RAMADAN: BANGLADESH





**RAMADAN:
BOSNIA**





RAMADAN:
GAZA





RAMADAN: WEST BANK



**RAMADAN:
INDIA**





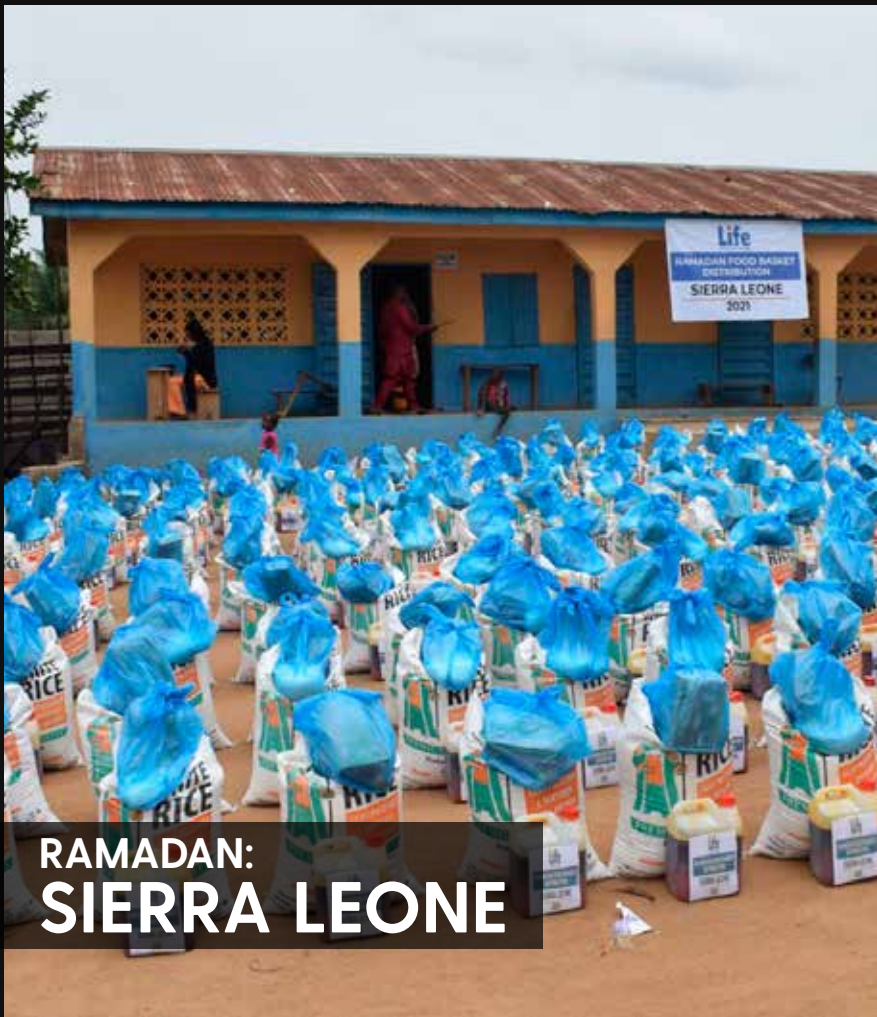
**RAMADAN:
INDONESIA**





RAMADAN:
IRAQ





RAMADAN: SIERRA LEONE





**RAMADAN:
IVORY COAST**





RAMADAN: YEMEN



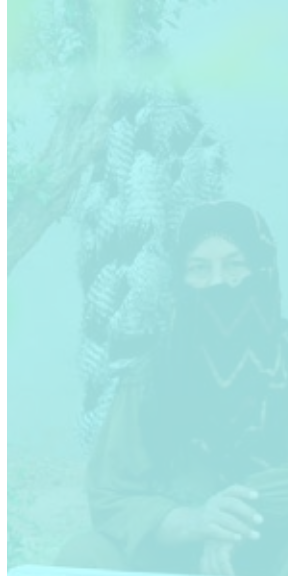
RAMADAN 2022

We hope that you and your family are healthy and safe and have a very happy and blessed Ramadan! Many families have lost their source of income during these difficult times and are in desperate need of food to eat on a daily basis. Your generosity is needed this Ramadan to help families struggling to have food to eat during this holy month.

This Ramadan, LIFE is distributing food baskets to families in 27 countries, hot meals for families in villages and families living in displaced and refugee camps

FOOD BASKET COUNTRIES

AFGHANISTAN	MALI	JORDAN	SUDAN
BANGLADESH	GAZA	KENYA	SYRIA
BOSNIA	GHANA	LEBANON	UGANDA
EGYPT	HAITI	PAKISTAN	USA
SRI LANKA	INDIA	SENEGAL	WEST BANK
ETHIOPIA	IRAQ	SIERRA LEONE	YEMEN
GAMBIA	INDONESIA	SOMALIA	IVORY COAST



SCAN CODE BELOW
FOR MORE INFO



RAMADAN PROJECTS

ZAKAT-UL-MAAL

Paying Zakat-ul-Mal is an act of worship that purifies your wealth. Zakat-ul-Mal will be used for humanitarian programs around the world, including those being carried out here in the USA. The Zakat amount must exceed the minimum amount (Nisab) which varies between \$4,000 and \$4,500.

ZAKAT-UL-FITR

Zakat-ul-Fitr (Fitr) is a special zakat related to the month of Ramadan and given to feed the poor and needy fasting during this month. It is an obligation upon every Muslim, man, woman or child and it has to be given before the Eid (Feast) prayer. The rate of Zakat-Ul-Fitr is equal to the cost of feeding a fasting person, which is calculated at \$12.00 per person (please check with your local community).

WATER WELLS

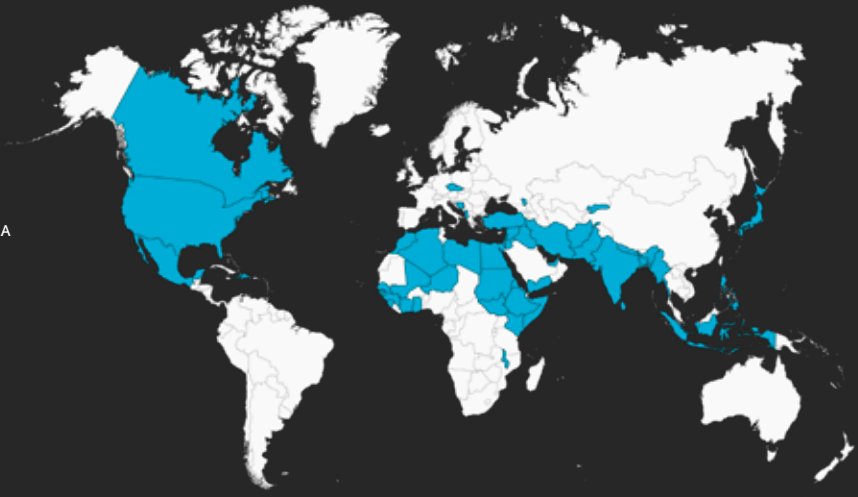
Water is a necessity of LIFE, there are many villages in Africa and Asia in urgent need of wells. Hand dug village wells cost \$3,000, and machine dug wells for larger communities' costs vary depending on the location and depth of the well. Life digs wells in Afghanistan, Bangladesh, Pakistan, India, Ghana, Sierra Leone, Uganda, Mali, Sri Lanka, Senegal, Somalia, Ethiopia and Kenya.

ORPHAN SPONSORSHIP

With millions of orphans all over the world, your monthly gift of \$55 through Life's Orphan Sponsorship Program will provide food, clothing, education, healthcare and gifts to orphaned children in need.

WHERE WE WORK

- AFGHANISTAN
- ALBANIA
- ALGERIA
- BANGLADESH
- BOSNIA
- CANADA
- CZECHNYA
- EGYPT
- ERITREA
- ETHIOPIA
- GAMBIA
- GHANA
- GUINEA
- GUINEA BISSAU
- HAITI
- INDIA
- INDONESIA
- IVORY COAST
- IRAQ
- JAPAN
- JORDAN
- KASHMIR
- KENYA
- KOSOVO
- KYRGYZSTAN
- LEBANON
- LIBYA
- MALAWI
- MALI
- MEXICO
- MOROCCO
- MYANMAR
- NEPAL
- NIGER
- PAKISTAN
- WEST BANK/GAZA
- PHILIPPINES
- SENEGAL
- SIERRA LEONE
- SOMALIA
- SRI LANKA
- SUDAN
- SYRIA
- TURKEY
- UAE
- UGANDA
- USA
- YEMEN



WHERE THERE IS LIFE THERE IS HOPE

LIFE OFFICES

LIFE USA - MIDWEST

Southfield, MI Office
17300 West Ten Mile Road,
Southfield, MI 48075

LIFE USA - SOUTHEAST

Falls Church, VA/DC Office :
210 E. Broad Street, Suite #
206, Falls Church, VA 22046

LIFE USA - MIDWEST

Chicago, IL Office :
800 W. Roosevelt Road, Suite #
B-323, Glen Ellyn, IL 60137

LIFE USA - SOUTHWEST

Dallas, TX Office :
17762 Preston Rd, Suite #
110, Dallas, TX 75252

LIFE USA - NORTHEAST

Fairfield, NJ/NY Office :
277 Fairfield Road, Suite # 300
A, Fairfield, NJ 07004

LIFE USA - WEST

Anaheim, CA Office :
1811 W. Katella Ave, Ste # 237,
Anaheim, CA 92804

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SUBMIT YOUR STORY ABOUT AN ACT OF KINDNESS YOU'VE RECEIVED, WITNESSED OR PERFORMED FOR YOUR CHANCE TO WIN AN IPAD

WINNER WILL BE CHOSEN AT THE END OF 2022 | STORIES MUST BE SUBMITTED BY NOVEMBER 2022

YOU CAN SUBMIT YOUR STORY OR LEARN MORE BY VISITING WWW.LIFEUSA.ORG/KINDNESS



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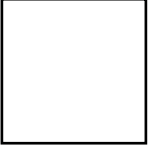
LIFE SUPPORTS GIFT MATCHING

ASK YOUR EMPLOYER TODAY!



Life for Relief and Development
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Southfield, MI 48037

USA - 1 (800)-827-3543
A 501(c)(3) Non-Profit Organization
Donations are U.S. Tax Exempt | ID #95-4402149



LIFE IS A PROUD RECIPIENT

Life has a **4-star Charity Navigator rating**.

This is the highest rating a Charity can receive and Life has an exceptional score of **96 out of 100**. Donors can give with confidence to Life. Go to Charitynavigator.org to see Life's rating.