



**Life**  
WHERE THERE IS LIFE... THERE IS HOPE

# 2023-2024 Annual Newsletter

SCAN FOR ALL OUR LINKS



Linktree\*

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## LETTER FROM THE CEO



Every year, I am incredibly proud of our team, partners, and donors for working to advance equity, reduce disparities, and support underserved communities across the globe. For 32 years, we have addressed some of the world's most pressing issues, funding innovative solutions that drive impactful, lasting change. Each year, we surpass our previous impact, and this year was no different.

Life for Relief and Development (LIFE) has been at the center of relief efforts, particularly in response to the ongoing crisis in Gaza. Our initiatives have been extensive, including distributing 359,000 bags of flour, 31,500 bags of vegetables, and 249,165 food baskets. Through a solar-powered filtration system, we delivered 11.65 million liters of clean water, while 46,410 hygiene kits, 7,000 winterized tents, and 2,600 blankets were provided to ensure the safety and well-being of families. These are only a few of the projects we have completed in Gaza.

LIFE continues to provide emergency relief and support communities impacted by natural disasters and conflicts, offering both immediate aid and sustainable development projects. Across 18 countries, we constructed 267 water wells to provide access to clean water. In Sudan, our efforts reached 1.2 million refugees with meals and food baskets, and during Ramadan, we provided meals to over 11 million people. Additionally, our Udhayah/Qurbani program fed nearly 450,000 individuals, including 50,000 people in Gaza alone.

Over the past two years, our medical outreach expanded considerably, distributing nearly \$26.7 million worth of medical supplies worldwide. In Sierra Leone, we supported the 34 Military Hospital with essential supplies to improve healthcare access. At Bangladesh's Kutupalong Rohingya Camp, the LIFE health center has introduced the "Vision Corner," providing free eye care for over 30,000 refugees annually. LIFE's medical shipments reached countries across the globe, including 15 shipments to Syria, 10 to Morocco, 7 to Mali, 3 to Sierra Leone, and multiple shipments to Ghana, Ivory Coast, Pakistan, Mauritania, Ukraine, Senegal, Gaza and Lebanon.

LIFE sponsored over 13,000 orphans, giving them access to food, shelter, education, and healthcare. Our Back-to-School program provided thousands of children worldwide with backpacks filled with essential supplies. In Gaza, we established education tents for 133 students, offering a safe space where children can continue their education despite the challenges they face daily.

Our donors commitment and support have always been the driving force behind our work and have been a part of making our vision of a more equitable world a reality. Together, we stand shoulder to shoulder as part of the solution to the pressing global challenges we face today. Thank you for your dedication to uplifting humanity.

Hany Saqr, M.D., Ph.D.,  
President & Chief Executive Director  
LIFE for Relief and Development

## About Life

Life for Relief and Development is a global humanitarian relief and development organization, headquartered in Southfield, Michigan, USA. As a registered 501(c)(3) non-profit organization (EIN 95-4402149). Life is in Consultative Status with the Economic and Social Council of the United Nations and has offices in Afghanistan, Ghana, Haiti, Iraq, Jordan, Kenya, Malaysia, Sierra Leone, Somalia, Somaliland, Tanzania, UAE, the U.S., Yemen and the West Bank and Gaza (through its office in Israel).

Over the past 32 years Life has distributed over \$623.9 million in aid to over 60 countries. In response to poverty, famine, social and economic turmoil, natural disasters, war, and other catastrophes, Life works to provide assistance to people across the globe by offering humanitarian services such as food aid, clean water, temporary shelter as well as healthcare and education.



# GAZA CRISIS

Since the intensified unrest began in Gaza one year ago, LIFE has delivered critical aid to thousands, thanks to donor support. Our relief efforts include distributing 3,000 bread packages, 29,058 hot meals, 32,095 food baskets, and 359,000 bags of flour, along with 11.65 million liters of clean water through solar filtration and 7,200 bottled water supplies. We have provided winterized tents, blankets, coats, and toys for injured children, alongside significant medical assistance, including 15 truckloads of medical supplies for three hospitals. To support education, LIFE established “Education Tents” with teachers, supplies, and safe spaces for displaced children, bringing stability and learning opportunities. As challenges continue, LIFE remains committed to bringing life-saving aid, hope, and educational support to the people of Gaza.











# NEARLY \$26 MILLION WORTH OF MEDICAL SUPPLIES DISTRIBUTED

LIFE has been actively supporting medical initiatives in several regions. In Sierra Leone, the 34 Military Hospital received vital medical supplies, improving healthcare for the people. In Syria, a project in Idlib, Sarmada, and Dana provided essential surgeries and medical care to 90 people. In Sudan, the response to the Khartoum conflict included delivering hygiene kits and medical treatment to 3,598 individuals, with prenatal vitamins for 200 pregnant women. In Bangladesh, LIFE's Kutupalong Rohingya Camp center, which aids 30,000 refugees annually, recently introduced the "Vision Corner" for free eye care. The center enhanced overall well-being and healthcare for Rohingya refugees. Medical shipments were sent around the world providing critical medical aid including 15 shipments to Syria, 10 shipments to Morocco, 7 shipments to Mali, 3 shipments to Sierra Leone, 2 shipments to Ghana, Ivory Coast, Pakistan, Mauritania, Ukraine and one shipment to Senegal and Lebanon.





**BANGLADESH**



**IVORY COAST**





**SYRIA**



**MALI**



# OVER 1380 HEARING AIDS DISTRIBUTED GLOBALLY

By providing free hearing checks and hearing aids, LIFE benefited the lives of many individuals with hearing disabilities this past year. This initiative extended across the United States to regions like Florida, Texas, Maine, and Arizona, and reached international communities in Indonesia, Jordan, Malawi, Mexico, and Bangladesh. Hearing the Call (HTC) and Life have made significant impacts on the hearing impaired in various locations. In Madison, Alabama, the LIFE team fitted five patients with hearing devices. In North Texas, 97 patients received hearing aids. In Louisiana, HTC and The Hearing Center of Lake Charles provided hearing aids to 11 patients. In Malawi, clinic days resulted in 121 hearing aids being fitted, training for local audiologists, and hearing healthcare for 511 people. In Wildwood, FL, 18 patients had hearing aids installed and in Coatzacoalcos, Mexico, 217 patients were fitted with hearing aids and in Indonesia 88 people were fitted with hearing aids.



USA





# 267 WATER WELLS CONSTRUCTED

LIFE is actively digging water wells in 18 countries, providing clean water to communities in need. We completed a total of 267 water wells in Afghanistan, Bangladesh, Ethiopia, Gambia, Ghana, Kenya, Mali, Myanmar, Niger, Pakistan, Rwanda, Senegal, Sierra Leone, Somalia, Sri Lanka, Tanzania, Uganda, and Togo. These efforts are vital for enhancing access to clean water in communities facing significant shortages. In Ghana's Oti Region, the completion of a community center and an artesian water well in Kadjebi benefited around 1,000 residents by ensuring access to clean water and essential programs. In Iraq, a reverse osmosis water station in Dagma supplied clean water to over 6,000 residents, addressing severe water scarcity and boosting health and economic development. Similarly, in Uganda, our water well project delivered clean drinking water to 3,900 families across four rural villages in Bukedea district, improving health and breaking the cycle of poverty. In Sri Lanka, five deep wells installed in Vavuniya provided clean water to 1,420 individuals, enhancing access to safe water and WASH practices in areas facing significant shortages.



## GHANA



## MYANMAR



## IRAQ





# UGANDA







PAKISTAN



UGANDA



# GLOBAL EMERGENCY RESPONSE

When emergency disasters strike, LIFE's emergency program provides critical aid to those in need, saving many lives and easing suffering worldwide. After a fire in Bangladesh's Cox's Bazaar, food baskets were distributed to 1,000 families. Cyclone Mocha in Myanmar prompted LIFE to provide 120 emergency kits and 280 food packs. In Egypt, LIFE provided Sudanese refugees with meals and food baskets. Following the Syrian earthquake, 908 families received essentials in Aleppo, Afrin, and Azaz. Morocco's earthquake relief included food, hygiene kits, and blankets for 1,500 people. In Pakistan, 2,200 Afghan refugees received water, blankets, and food. Flood survivors in Afghanistan, Libya, Kenya, Somalia, Ethiopia, Sri Lanka and Vermont received food aid, hygiene kits and blankets.





**ETHIOPIA**



**KENYA**



**AFGHANISTAN**







## BANGLADESH



## MYANMAR



## NEPAL







**AFGHANISTAN**









# 28,400 BACKPACKS & SCHOOL SUPPLIES GIVEN TO CHILDREN WORLDWIDE

LIFE's global Back-to-School program provided tens of thousands of orphans and students backpacks filled with essential supplies to underprivileged children in Bangladesh, Afghanistan, Bangladesh, Egypt, Gambia, Gaza, Ghana, Indonesia, Iraq, Ivory Coast, Jordan, Lebanon, Mali, Mauritania, Myanmar, Nigeria, Pakistan, Senegal, Sierra Leone, Somalia, Sri Lanka, Syria, Tanzania, Togo, Turkey, Uganda, West Bank, Yemen. Beyond this, LIFE enhanced educational resources by distributing textbooks to schools in Sierra Leone and Ghana, benefiting over 187,000 students combined. In Syria, LIFE supported higher education through various interventions to aid post-conflict rebuilding.



# SRI LANKA





**SENEGAL**



**INDONESIA**



**MAURITANIA**





**SENEGAL**



**SIERRA LEONE**



**TOGO**



**JORDAN**





**SENEGAL**



**SIERRA LEONE**



**YEMEN**



# SPONSORSHIPS FOR 13,000 ORPHANS

Through LIFE's Orphan Sponsorship Program over 13,000 orphans were supported with food, shelter, education, healthcare, and financial aid. In Afghanistan, 158 orphans received essential packages. In Yemen, 695 orphans received housing, education, and financial aid. In Mali, 418 orphans were supported with basic needs. In Senegal, 635 orphans received support for essentials and education. In Bangladesh, 290 orphans received supplies and healthcare. In Sri Lanka, 173 orphans received monthly stipends. In Ghana, 295 orphans received education and healthcare support. In Iraq, 1,540 orphans received in-kind donations. In Ivory Coast, 67 orphans received aid. In Syria, 2,800 children received assistance for essential needs. Additionally, LIFE organized Global Orphan Party events in many countries, providing orphans with new clothes, toys, and fun activities to bring joy and a sense of community.



**BANGLADESH**



**AFGHANISTAN**



**IRAQ**













# OVER 19,000 PEOPLE RECEIVE GLOBAL FAMILY ASSISTANCE

Essential support was felt in various communities globally by means of LIFE's Family Assistance program. In Detroit, LIFE and Detroit Friendship House distributed Thanksgiving food packages, including halal turkeys, to 180 recipients in Hamtramck. In December, LIFE partnered with Michigan Foster Care Closet to host a holiday party with over 400 attendees, featuring a sibling gift exchange. Thirty-three shipments of household and office furniture valued at over \$4 million was donated to Habitat for Humanity ReStores in Missouri and California, Teen Challenge in Oregon, Washington and Montana, River Valley Community Outreach Center in Arizona and New Horizons Ministries in Colorado for their community outreach programs. LIFE shipped 29 - 40-foot containers of MannaPack rice to Ghana, Somalia, and Sierra Leone where the food is distributed to students attending school and to needy families in each country.





# WINTER RELIEF FOR OVER 9,000 PEOPLE

There are thousands of impoverished people globally who lack the resources to keep warm in the winter. LIFE's Winter Relief Projects provide essential winter coats, heavy winter blankets, firewood, and heating fuel for homes to communities in need. This year, Winter Relief reached countries such as Yemen, Iraq, Afghanistan, Lebanon, Bangladesh, Bosnia and Herzegovina, Syria, Jordan, West Bank, and Gaza. In Northwestern Syria, LIFE delivered 70,000 kg of firewood to three IDP camps in Idlib governorate, benefiting 1,252 people by helping them stay warm during the harsh winter. In Bangladesh, the Winter Relief initiative provided blankets to 1,500 families in northern regions to help them fight off the extreme cold, which affected livelihood, health, and food security. In Jordan, LIFE's Winter Relief project distributed 135 kerosene heaters to vulnerable families, offering crucial assistance to refugees and impoverished residents struggling to stay warm.







OVER

11,000,000

PEOPLE FED DURING RAMADAN

During Ramadan, LIFE reached out to communities in 35 countries across the world. Our goal was to ensure that underserved communities could break their fast with dignity. We provided food baskets that provided over 11 million meals and hot Iftar meals to over 52,000 less fortunate families and individuals in countries like Afghanistan, Pakistan, Gaza, Kenya, Sierra Leone, Mali, Bangladesh, Somalia, Syria, Sri Lanka, Yemen, and many more. Together, we made a difference in the lives of hundreds of thousands.



# AFGHANISTAN



# BANGLADESH



# EGYPT



# GAMBIA



**GAZA**



**IVORY COAST**



# JORDAN



# INDONESIA



# DJIBOUTI



# ETHIOPIA

## RAMADAN FOOD BASKET DISTRIBUTION



**MALAYSIA**



**BANGLADESH**



**INDIA**



**IRAQ**



**MAURITANIA**



**TANZANIA**



**JERUSALEM**



**UGANDA**



**RWANDA**



**SOMALILAND**



**YEMEN**



**SENEGAL**



**BOSNIA**



**DJIBOUTI**



**EGYPT**







**LEBANON**



**MALAYSIA**



**IRAQ**



**MAURITANIA**



**MALI**



**NIGERIA**

# NEARLY 450,000

## PEOPLE FED DURING UDHIYAH/QURBANI

Udhiyah/Qurbani distributions included fresh meat distributions in places like Afghanistan, Egypt, Mali, Gambia, Mauritania, Senegal, Ivory Coast, Sierra Leone, Togo, Uganda, Tanzania, Indonesia, Türkiye, and Bosnia-Herzegovina. The fresh meat distributions gave essential sustenance to thousands. Due to the crisis in Gaza, LIFE performed Udhiyah, processed and canned the fresh meat, shipped and distributed the meat to 7142 families, feeding over 50,000 people in Gaza



**EGYPT**



**GHANA**



**IRAQ**





**MYANMAR**



**GAMBIA**

**UGANDA**

**RWANDA**



**INDONESIA**



**GAZA**



**SENEGAL**



**IVORY COAST**



**TOGO**



**SRI LANKA**









WE ARE  
» **HIRING!** «

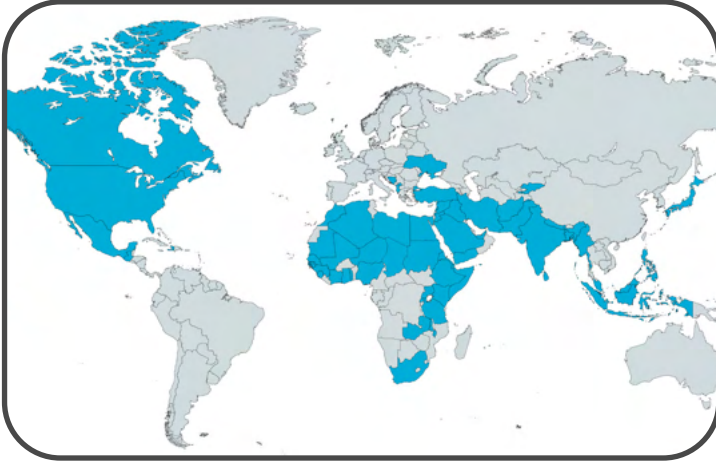


**JOIN OUR TEAM**

COMMUNITY COORDINATORS  
**NEEDED**

[WWW.LIFEUSA.ORG/CAREERS](http://WWW.LIFEUSA.ORG/CAREERS)





## Where We've Worked

|               |              |
|---------------|--------------|
| Afghanistan   | Malawi       |
| Albania       | Malaysia     |
| Algeria       | Mali         |
| Bangladesh    | Mauritania   |
| Bosnia        | Mexico       |
| Canada        | Morocco      |
| Chad          | Myanmar      |
| Chechnya      | Nepal        |
| Djibouti      | Niger        |
| Egypt         | Nigeria      |
| Eritrea       | Pakistan     |
| Ethiopia      | Palestine    |
| Ghana         | Philippines  |
| Gambia        | Rwanda       |
| Guatemala     | Saudi Arabia |
| Guinea        | Senegal      |
| Guinea-Bissau | Sierra Leone |
| Haiti         | Somalia      |
| India         | South Africa |
| Indonesia     | Sri Lanka    |
| Iran          | Sudan        |
| Iraq          | Syria        |
| Ivory Coast   | Tanzania     |
| Japan         | Togo         |
| Jordan        | Turkey       |
| Kashmir       | UAE          |
| Kenya         | Uganda       |
| Kosovo        | Ukraine      |
| Kyrgyzstan    | USA          |
| Lebanon       | Yemen        |
| Libya         | Zambia       |

## Who We Are

Life is a global humanitarian relief organization.

Over the past 32 years, Life has distributed over \$623.9 million in humanitarian aid and relief to 62 countries.

Life works diligently to help the poor and needy all around the world.

When natural disasters strike, Life rushes to answer the call of help, and provides basic humanitarian assistance to families struggling to survive.



## LIFE OFFICES

### LIFE USA - HEADQUARTERS

Southfield, MI Office  
17300 West Ten Mile Road,  
Southfield, MI 48075

### LIFE USA - MIDWEST

Chicago, IL Office :  
800 W. Roosevelt Road, Suite #  
B-323, Glen Ellyn, IL 60137

### LIFE USA - NORTHEAST

Fairfield, NJ/NY Office :  
277 Fairfield Road, Suite # 300  
A, Fairfield, NJ 07004

### LIFE USA - SOUTHEAST

Falls Church, VA/DC Office :  
210 E. Broad Street, Suite #  
206, Falls Church, VA 22046

### LIFE USA - SOUTHWEST

Dallas, TX Office :  
17762 Preston Rd, Suite #  
110, Dallas, TX 75252

### LIFE USA - WEST

Anaheim, CA Office :  
1811 W. Katella Ave, Ste # 237,  
Anaheim, CA 92804



**CREATING  
LEGACY  
THROUGH LIFE:  
IMPACTING  
LIVES**

**Build Your Legacy**

Write your will or estate plan to protect your loved ones and provide life-saving aid worldwide include Life for Relief and Development in your plan to leave a lasting legacy.

Visit [www.lifeusa.org/legacy](http://www.lifeusa.org/legacy) or contact Khalil Meek at [kmeek@lifeusa.org](mailto:kmeek@lifeusa.org) for assistance and information

**FOR UPDATED PROJECTS AND  
NEWS CHECK OUT OUR**

**Linktree\***



↑ **SCAN  
ME!**



**LIFE SUPPORTS  
GIFT MATCHING!  
ASK YOUR EMPLOYER TODAY!**

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**BECOME A  
LIFE AMBASSADOR**

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**CHANGE A LIFE  
IN 3 CLICKS**

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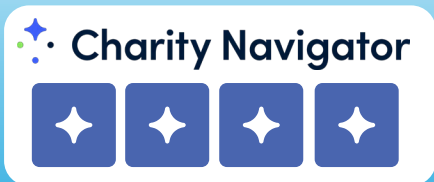
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Donations are U.S. Tax Exempt | ID #95-4402149



# LIFE IS A PROUD RECIPIENT

Life has a **4-star** Charity Navigator rating.

This is the highest rating a Charity can receive and Life has an exceptional score of **99% out of 100%**. Donors can give with confidence to Life. Go to [Charitynavigator.org](https://Charitynavigator.org) to see Life's rating.